

*** RELEASE FORM ***

- I am a professional counselor and a licensed veterinarian. While the skills in these two professions often overlap, I'm required by ethical guidelines to keep clients in these two areas separate.
- Other people may not always support the changes we're making, even though they are positive.

Confidentiality Policy:

- Confidentiality is an ethical standard that protects clients from the disclosure of information without their consent.
- Client sessions with me are confidential; my receptionist has access to your contact information, but will not release this information without your permission.
- It may not be possible to keep information from electronic communications through cell phones or computers confidential.
- There are 2 exceptions to confidentiality: 1) When I believe you are a danger to yourself or others, 2) when I suspect that a child has been abused or exploited.

Emergencies:

- In urgent situations, I will work in client appointments as soon as possible, usually within a few days.
- In case of emergency, please seek help at a mental health center or hospital.

If you agree with the above statements, please sign below and bring this document with you to the session.

I have read and understood the above statements and I agree this is what I want.

Name: (print) _____

Signature: _____ Date: _____