

*** Read this first ***

Let me introduce myself. I'm **Dr. Pat Bradley**, a holistic veterinarian, certified homeopath and licensed counselor. I work with clients over the phone, providing information, resources and homeopathic consultations. In my 25 years as a vet, I've practiced both conventional and alternative medicine.

Now I use a unique integrative approach that not only bridges the two theories of medicine, but also includes proven counseling methods: value-based problem solving, relationship-building skills, techniques for decreasing stress, and effective mind-body methods you can use at home.

I help people who are:

- seeking **homeopathic treatments** for their animals
- feeling pressured to make **difficult medical decisions**
- looking for information about how to **treat their animal at home**
- struggling with **end-of-life** decisions
- needing guidance while providing **home hospice** care for their animal
- feeling overwhelmed or confused about **alternative/complementary** therapy choices
- wanting to be a more **active partner** in their animal's health care

I love to empower people, helping them to make informed healthcare choices. While many people under stress wish there was *one* true answer and someone to tell them what that answer *is*, I believe there are *many great health care options*. To me, the *best answer* takes many things into consideration: your time, your values, your home and work situation, and of course, the personality and *specific needs* of your animal. I can help you feel more confident about making decisions that make sense for your animal.

Common topics are:

- **vaccines** -- individualized protocols and alternatives
- improving your animal's **diet**, including **grain-free** or **home-prepared** foods
- **supplements** for specific conditions
- supplies to use in **first-aid kits**
- how to **improve communication** with your animal, family or primary care vet
- addressing unhelpful feelings of **frustration, anxiety, guilt** and **grief**

If you think this is for you, contact Fred to make an appointment for a telephone consultation.